

# SOLUTIONS TO PREVENT DISEASE TRANSMISSION

## IN YOUR WORKPLACE

JAN-PRO is a business partner that actively contributes to the management of health risks and business productivity. Whether it's the flu, colds or other contagious diseases, 80% of viruses and bacteria are easily transmitted between people in the same work environment by sneezing, coughing, hand-to-hand contact and contact with frequently touched surfaces.

### REMINDER OF SIMPLE GESTURES TO PROTECT THE HEALTH OF EVERYONE



**WASH YOUR HANDS** regularly with soap and water for at least 20 seconds. or **DISINFECT THEM** using an alcohol-based solution.



**USE A TISSUE** or handkerchief to cough or sneeze and immediately throw it away in the trash to reduce the spread of germs.



**DISINFECT** regularly all frequently touched surfaces using a disinfecting solution.



**AVOID ALL CONTACT** with any sick person and **DO NOT TOUCH** your face, eyes, nose and mouth.



**STAY HOME** When sick to prevent infecting others.

### MOST FREQUENTLY TOUCHED SURFACES



**DOOR HANDLES**



**SWITCHES**



**LANDLINE AND MOBILE PHONES**



**COMPUTER KEYBOARDS AND MICE**



**MICROWAVE HANDLES AND CONTROL PANNELS**



**COFFEE MACHINES AND WATER DISPENSERS**



**VENDING MACHINES**



**REFRIGERATOR HANDLES**